



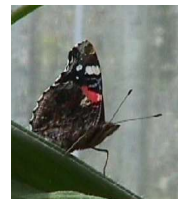
Ballin Temple

healthy living naturally!

Welcome to *Baile An Teampaill*, your "Settlement of Sanctuary".



In an area of natural beauty
about 80 km from Dublin or 60 km Rosslare
N 52.72651 W 6.6886.



Ballin Temple is a private estate where
you enjoy a natural escape.

Staying At Ballin Temple

The lodge and cottages are ideal for holidays, a game fishing week, a romantic rendezvous, a healthy break or simply to escape the urban jungle. All accommodation is in refurbished homes offering a relaxed, comfortable atmosphere, B&B or self catering.



You are within a few
hours of Europe's capital
cities and within a few
minutes' walk of the
River Slaney and the
ancient woods.



Fantastic panoramic landscapes across the valley of the River Slaney, of the Blackstairs mountains and Mount Leinster less than 20 km away.

Game Fishing Ballin Temple's private beat offers some of the most picturesque fishing in Ireland. The Ballin Temple fishing beat is on a beautiful 3 kilometre stretch of the River Slaney in a Special Area of Conservation. The best salmon fishing is from March to May. Brown trout can be had throughout the summer.



Shooting Training The shoot at Ballin Temple is now restricted, though we do offer excellent residential and non-residential courses on game appreciation and shooting, including introduction to shoot etiquette.



Cycling and Walking The grounds at Ballin Temple offer a quiet escape and you can even take a bike around the tracks and lanes of the nursery. If you feel more adventurous, Mount Leinster and the Wicklow Way offer hills and distance and are reached by a short drive.

Horses, Golf and More ... There are a number of stables close by where you can take lessons or hack. There are a handful of championship golf courses within an hour's drive, the closest is Mount Wolseley 10 minutes away. Other activities, like shopping, touring, eating and swimming are available within a few kilometres.

Nature Trails The woods along the river are magical. Walking about a kilometre up-river one comes to a brook flowing down the wooded hillside. It may be that in the woods here are the remains of the original sanctuary for which *Baile an Teampail* was named.



The Vegetable Garden We produce a wide range of vegetables including beans, carrots, courgette, marrow, pumpkin, potatoes, cabbages, peas and, our favorites, tomatoes (usually eight varieties). The vegetables are nutritious and delicious and



available for sale to local customers as well as for all of us at Ballin Temple.



Yoga Yoga has proved to be very popular with residents and visitors alike. It is a rewarding sport that is as demanding as you want it to be. Our

oldest practitioner has been 81 and our youngest 2!

We are very fortunate to have a fully qualified instructor right here at Ballin Temple. Pam, aka Kamala Devi, gives classes in Carlow and Tullow and runs retreats. She also gives private classes, which you can have at BT by arrangement.



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